



## Gynex

- HORMONAL SYSTEM DISEASES AND DISORDERS (INCLUDING THE THYROID GLAND)
- MENSTRUAL CYCLE DISORDERS, PREMENSTRUAL TENSION
- GYNECOLOGICAL INFLAMMATIONS
- MALE AND FEMALE INFERTILITY
- MENOPAUSE
- OVARIAN CYSTS, BREAST PAIN
- MENTAL DISORDERS

This product has been approved as a dietary supplement. It is not a medicine and should not be confused with prescribed medicines, nor does it have approved medicinal effects.

**Gynex is an herbal regenerative bioinformation product with a broad-spectrum effect formulated based on the current knowledge in the fields of physiotherapy, psychotronics, crystal therapy and bioresonance. This is a highly concentrated product containing herbal extracts, essential oils and bioinformation components in a balanced, synergistic complex.**

**It may adjust in particular hormonal system function, it can be used to treat gynecological issues and other disorders related to endocrine glands. It may stabilize the mental state.**

**Bioinformation** comprises frequencies which simulate the control impulses of subcortical brain structures, which regulate the autonomic nervous system and the function of viscera. Bioinformation acts to offset negative information and induce a reverse regenerative process.

### Effects of Gynex

Due to herbal and information essence complex, Gynex may have strong detoxification, antioxidant and regenerative effects. Gynex generally compensates for the imbalances of the organism, whether on the mental or hormonal level in both men and women. It may protect nerve cell tissues and harmonize endocrine gland function by influencing the pituitary gland – the gland controlling functioning of all the other glands. The high content of natural phytohormones (plant substances of hormonal nature) in Gynex may be able to effectively detoxify the body, especially from toxic chemical substances, which are stored in fatty tissue and have long-term effects on the organism. Phytohormones also may help prevent infections, cardiac diseases and osteoporosis. Gynex may improve functions and provide for protection of the skin and all mucous membranes lining the internal organs (lungs, stomach, intestines, etc.), both strengthening the protective barrier of the body against the outside environment and boosting its overall immunity. Gynex may have a positive influence on fertility of both sexes.

### Energy effects of Gynex according to TCM principles

Gynex may harmonize energy meridians, mainly the conception vessel, three burners, spleen and stomach.

### Usage of Gynex

- May support detoxification of the body, may have antioxidant and regenerative effects
- May harmonize the hormonal system and thus e.g. thyroid gland function
- May boost immunity
- Suitable to treat female and male infertility
- May adjust the menstrual cycle, prevent painful, irregular or heavy menstruation and premenstrual syndrome
- May help treat gynecological inflammations, yeast infections
- May have a positive effect on ovarian cysts and breast diseases, may act as a prevention against breast and uterine cancers
- May stabilize the mental state during menopause, may decrease nervousness, may alleviate flushing and sweating
- May act as a prevention against development of osteoporosis
- May be used to combat hair loss
- May be used as a supplement to treat multiple sclerosis

- May improve health in diabetic patients
- May stabilize the psyche, eliminate the negative effects of stress and improve the energy state of the organism; it may strengthen the organism during physical and mental exhaustion, gastric neuroses, depression and problems when adjusting to new conditions
- May improve the condition of the skin, mucous membranes and lungs and may protect the vascular system
- May help treat speech disorders (dysphasia, delayed speech development) in children with ADD/ADHD

### Usage of Gynex for the psyche

- Difficulties in adjustment to changes, laziness and disinterest, self-pity, emotional instability, slow thinking, over-concern, falling into the circle of never-ending fears and doubts, problems with memory and concentration

Gynex may lead the person to accept themselves, both the good and bad sides, it teaches a balanced acceptance of life circumstances while realizing that even the bad things are part of our life.

To achieve greater effect, we recommend combining Gynex with the cream Cytovital from The Five Element Regeneration® - Herbal Body Creams (applied to affected areas, reflex zones, and massage of acupuncture paths).

### Composition of Gynex



**Black locust:** Black locust may be used as an antispasmodic, in cramps of stomach and smooth intestinal muscles, it can act as a strong diuretic agent, it may support production of natural enzymes, it can be used to support digestion without enhancing appetite.



**Silverweed cinquefoil:** Silverweed cinquefoil may alleviate cramps in colics, in painful menstruation, it may have cholagogic, antiinflammatory and astringent effects, it can be used in bloody diarrhea. It contains a significant amount of lithium.



**Masterwort:** Masterwort may have a positive effect on the entire digestive tract, it can be used in menstrual disorders, uterine tumors, hepatic and renal diseases, spleen, urinary tract and nervous system diseases, it may improve blood circulation and stress resistance.



**Herb Robert:** Herb Robert can be used in male and female infertility, in urological issues, nerve inflammations, eczema and internal bleeding. It contains radium.



**Galega:** Galega may decrease the blood sugar level, it may be very suitable in urinary tract inflammations and febrile diseases accompanied by rashes, it may support lactation.



**Sweet fennel:** Sweet fennel may have excellent secretolytic properties, it may facilitate expectoration, reduce cramps and flatulence, it may improve digestion and lactation. It contains agents similar to female hormones.



**Yellow spring bedstraw:** Yellow spring bedstraw may be used in inflammations and spasms, it can positively influence the lymphatic system and functioning of the thyroid gland and spleen and hepatic and renal functions.



**Bladder wrack:** Bladder wrack contains natural iodine and large amount of minerals, it may decrease the risk of breast and uterine tumors. It can be used to normalize functioning of the thyroid gland and in obesity. It may have antirheumatic effects.



**Common licorice root:** Common licorice root contains agents similar to adrenal hormones of the corticosteroid group. It can be used to treat cough, inflammations, rheumatism, urinary stones, stomach ulcers and as an antispasmodic.



**Common marigold:** Common marigold can be very effective in gynecological diseases, inflammations, spleen and hepatic diseases, in heart palpitations, asthma, it may inhibit the bacterial growth.



**Red clover:** Red clover can be used to treat eczema, pulmonary and renal diseases, rheumatism, asthma, anemia, impaired functioning of the lymphatic system, painful menstruation and ovarian inflammations. It contains agents similar to female hormones (phytoestrogens) with a preventive effect against cancer of female reproductive organs and flavonoids which may protect the body against free radicals.



**White nettle:** White nettle may have calming effects. It can be used to treat irregular menstruation, discharges, ulcers, varicose veins, in edema and inflammations. It may facilitate expectoration, support metabolism.



**Common lady's mantle:** Common lady's mantle can be used to treat all female disorders, intestinal catarrhs, diabetes, general edema, hepatic and renal diseases, stomach ulcers.

## Recommended dosage and method of administration

**Posology:** For adults 2–7 drops 1–3 times per day, for children ages 12 years and up 7 drops per day, children ages 3 years and up 2 drops per day.

**Method of administration:** Shake well prior to use (21 times). This causes dynamization of the information components, thus increasing the preparation's potency. Use half an hour before or after a meal, best diluted with water, or put drops on a spoon and apply directly. In order to enhance detoxification of the body, it is essential to increase fluid intake during a regenerative process. After 3 weeks of use, always make a pause for one week. Do not exceed the recommended daily dosage. Consult the use and exact dosage with your doctor or therapist.

We recommend taking minimum doses for chronic diseases; in acute stages we recommend increasing the doses. If the condition deteriorates temporarily, the doses must be reduced until the condition returns to its previous state and only after that may the original dosage be resumed. It is not advisable to stop taking the preparation, because there is a reverse regenerative process (reverse reaction) taking place, during which symptoms of older diseases may appear. This phenomenon is proof that positive regenerative reaction is underway, indicating that healing is taking place!

**Warning:** This product is not intended for children under 3 years. Do not use any regenerative product during pregnancy unless consulted with your physician or therapist. Suitable for diabetics. Dietary supplements are not intended to replace a varied diet.

For more detailed information, see The Five Element Regeneration® brochure, detailing, among other things, the fundamental energy channels and relationships between organs.

**Storage:** Keep out of reach of children. Store in a dry place, out of direct sunlight, between 10°C and 25°C. Protect from frost.

Your consultant:

The Five Element Regeneration® – Herbal Concentrates

