



Cistus complex

- VIRAL DISEASES
- INFECTIONS CAUSED BY BACTERIA, FUNGI AND CHLAMYDIA
- UPPER RESPIRATORY TRACT INFECTIONS
- WEAKENED BODILY DEFENSE MECHANISMS

This product has been approved as a dietary supplement. It is not a medicine and should not be confused with prescription medicines, nor does it have approved medicinal effects.

Cistus complex is a bioinformation product that contains a highly concentrated extract of two herbs, Cistus incanus and Cistus ladanifer, which is complemented by pure Cistus ladanifer essence.

Bioinformation comprises frequencies that simulate the control frequencies of subcortical brain structures, which regulate the autonomic nervous system and the function of viscera. Bioinformation acts to offset negative information and induce a reverse regenerative process.

Usage of Cistus complex

- This product may be effective particularly in the treatment of viral infectious diseases
- It may also act against fungi and chlamydia
- It is particularly suitable for treatment of all types of upper respiratory tract infections
- It may help treat infectious illnesses that are prolonged in duration, and/or accompanied by complications, recurrences or resistance to other therapies
- It may improve the body's defense mechanisms
- It may act as a natural antioxidant (by neutralizing free radicals)
- During infections, it may protect tissues from inflammatory damage and waste toxins

Energy effects of Cistus complex according to TCM principles

Cistus complex may influence the following meridians in particular: lung, large intestine, spleen, three burners (triple energizer), pericardium and heart.

Composition and effects of Cistus complex

The plants *Cistus incanus* and *Cistus ladanifer* are native to the Mediterranean region. In the wild they grow on warm, steep mountain slopes and their flowers range from white to purple in color.

Usage of plants from the *Cistus* genus can be traced to as early as 330 B.C. They were among the most prized herbs in traditional Persian medicine, in the region known today as Iran. During subsequent centuries, the usage of *Cistus* plants spread beyond the Persian empire through numerous trade routes across the Mediterranean region, most visibly between Cyprus, Italy, Turkey and Greece. Extracts of these two *Cistus* varieties contain many important minerals: calcium, magnesium, zinc and iron. But it is the aggregate content of more than 800 types of proanthocyanidins, flavonoids and polyphenols in an optimum relationship that is crucial to the effect on the human body. The two *Cistus*es act synergistically, yet their slightly differently compositions significantly increase the range of effects to a much broader spectrum of infections.

Cistus complex may ensure an effective chemical-physical defense that can be used against illness as well as a preventive measure. **It may prevent viruses from penetrating into cells, and therefore subsequently thwart them from multiplying.** The most well-known use of Cistus is during any type of upper respiratory tract infection, whether of viral, bacterial or fungal origin. Another strong weapon that Cistus possess is their ability **to neutralize free radicals and effectively excrete toxins from any type of pathogen from the body.** In this way, they may also aid in recovery by preventing toxic build-up, tissue damage, inflammation and long-term threats and stress to the body's defense mechanisms. Successful practical applications in this context extend to toxins from bacterial infections (chlamydia) and post-parasitic disease (scabies) conditions. It has been reported that Cistus are several times stronger antioxidants than e.g. green tea, lemons or red wine, whereby in addition to the benefits listed above they may help preventively by enhancing the body's defense mechanisms.

In regard to current concerns among the professional public that viruses and bacteria are increasingly mutating and increasing their resistance to treatment that had been effective to date – not to mention growing resistance to antibiotics – Cistus complex may be a suitable choice for treatment of some types of infectious disease

Recommended dosage

2–7 drops 1–3 times per day (7 drops = 0.35 ml). Do not exceed the recommended daily dosage. Three weeks of usage is followed by a one-week pause in usage.

Shake well prior to use (21 times). This causes dynamization of the information components, thus increasing the product's potency. Use half an hour before or after a meal, best diluted with water, or put drops on a spoon and apply directly. When using the product to promote detoxification of the body, we recommend increasing fluid intake!

Warning: The product is not intended for children.

If you are pregnant or breast-feeding, consult use with your physician. Dietary supplements are not intended to replace a varied diet.

Minimum shelf life until the date listed on the bottom of the box and on the label. We recommend using the product within 3 months of opening.

Storage: Store in a dry place, out of direct sunlight, between 10°C and 25°C. Protect from frost. Keep out of reach of children.

Your consultant:

Defense against infection:

